

FAMILY FOSTER & ADOPTION NEWS FLASH

JANUARY 2019



Did you know after 31 years of hard work and dedication Alice LeDesma is retiring? It's true!

Her last official day was January 3rd, but if you know Alice, you know you're going to see her around regardless.

You're off to Great Places!
Today is your day!
Your mountain is waiting,
So...get on your way!

So when you do be sure to tell her Congratulations!!

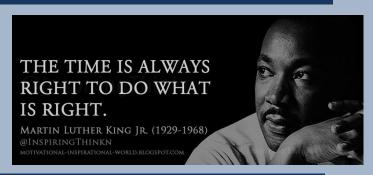
There's more new faces in the foster care licensing unit.....Laura Caprioli has officially Started in her new position giving us 5 licensing workers!!

Let's all be sure to make her feel welcome when you see her!



We'll be closed on Monday, January 21, 2019 for Martin Luther King Day.

If you have visits please be sure to get with your kiddo's worker to reschedule the visit.



How many times have you heard a friend, family member or acquaintance tell you how much they wish they could help, but they don't want to foster? Well send them right on over to Tawnya Robertson who will talk to them about mentoring! We can all recruit!



Support Groups Updates

Watch out for my e-mails about more supports groups in January as they get scheduled!

Foster/Adoptive Parent's Night Out

Thursday * January 17th @ 6pm Sushimis * 3005 Skyline Blvd. #100 * Reno RSVP to Jerri Ann Fredeen * 224-1380

Foster/Adoptive Mom's Night Out

Thursday * January 24th @ 6pm * Las Trojes Mexican Restaurant * 5272 Sparks Blvd. * Sparks RSVP: Cindy Johnson * 775-250-4765 or <u>cindyinsparks@gmail.com</u>
Or Patty Steen * <u>j-psteen@sbcglobal.net</u> or 775-544-3388

3 Angels Support Group * Roast & Boast *

Wednesday * January 30th * 6-7:30pm (refreshments served at 5:30pm) * 1095 East Taylor St. * Reno Please come join us for an evening of fun and laughter. We'll be roasting 2018 rough moments and memories while boasting about how we are turning it around in 2019! Bring your most memorable 2018 moments as a foster/adoptive parent and your abs ready for a workout! Provided by Fatai & Raymond Langi with 3 Angels Care LLC * RSVP to koula@3angelscare.org

WE CAN ALWAYS USE MORE SMALL GROUP LEADERS. LET ME KNOW IF YOU'RE INTERESTED.





TRAINING OPPORTUNITIES

CPR TRAINING -

Fatai Langi with 3 Angels Care LTD. offers CPR classes to new and licensed foster, adoptive and relative foster homes. For more information and to RSVP for a class please contact them at fatai@3angelscare.org
Or

Sheri Blackwell-Ralphe (775) 691-9952 certifiedcpr@sbcglobal.net

THE QPI WEBSITE - New trainings are being added to the QPI website all the time. Including Trainings in Spanish. Go check them out at http://www.qpinevada.org/washoe/pages/upcoming.shtml

MINI MEDICAL TRAININGS ARE BACK -

On the second Wednesday of every month our medical unit will present a 1 hour training on various medical topics. The trainings will be held in the 2nd floor conference room at 12:00 p.m. Be sure to call the 2nd floor front desk at (775) 328-3933 the day of to ensure there is a training that day.

CHILDREN'S CABINET -

offers a wide variety of training opportunities. Check out the calendar at www.childrenscabinet.org

WASHOE COUNTY SCHOOL DISTRICT PARENT UNIVERSITY- Parent University offers learning sessions to help families build upon skills, knowledge and support systems to advocate for student success.

https://www.washoeschools.net/parentu

Nevada PEP - Strengthening Families with Education, Empowerment and Encouragement http://www.nvpep.org/

If you know of any amazing training opportunities e-mail me at trobertson@washoecounty.us and I'll share the information!



Champions

Please help us in recognizing this months QPI Champions!
This is something new we're trying out and we need your input to make it successful!

Do you know someone who is a QPI Champion? It doesn't have to be a foster, adoptive or relative. It could be a case worker, runner, HSSS, licensing worker, etc. Let me know!

This month's QPI Champion is Myra Holt. Myra has only been fostering for WCHSA since 2015. Still, she jumped right in with both feet and hasn't looked back. In 2016 she took placement of a boy and girl twin set. The twins were placed with her right out of the hospital. Myra worked tirelessly to care for these littles and love them unconditionally. She also made every attempt to engage with their birth parents in an effort to assist with reunification. She showed these birth parents kindness and compassion despite their choices. After two years the twins transitioned from Myra's home to their adoptive home. Myra has been a champion, putting her own feelings aside and ensuring the twins had the smoothest transition possible. Now, she is an additional support to the twin's forever family and extended family to the twins.

Thank you Myra for being embodying QPI in all you do!

February's QPI Champion......

Your name here

So speak encouraging
words to one another.
Build up hope so you'll all
be together in this, no
one left out, no one left
behind. I know you're
already doing this; just
keep on doing it.

RESOURCES

NEW CAST HOPE

Would you like the opportunity to take one of your kiddos out fishing? Cast Hope offers a free fly fishing lesson and trip to qualified kiddos. To see if your kiddo qualifies go to https://www.casthope.org/about/

WANDA'S BABY CLOSET

Have you ever heard of Casa de Vida? They're a great Resource for our teen moms. What you may not be aware of is Wanda's Baby Closet who works in collaboration with Casa de Vida providing free baby clothes and supplies to our bio and foster parents. For information on how to access this amazing resource or to help your bio parent call (775) 329-3211.

NEVADA EQUINE ASSISTED THERAPY (NEATS)

If you're interested in learning more about NEATS and how their services can help you or a youth in your home call Laurie at 750-9823 or go to

www.NevadaEquineAssistedTherapy.com

HEAD START

Has openings! The Community Services Agency (Head Start, State Pre-K and Early Head Start) would love to talk to you if you're interested in early education for your 0-3 or 3-5 year old. Contact Megan Jack at (775) 786-6023 ext. 207 or mjack@csareno.org

KIWANIS CLUB

Has really great bikes and accessories available at discounted prices! Contact them at (775) 337-1717 or http://www.kiwanishbikes.org



THE NURTURING NEST

The Nurturing Nest is a

birth and parenting community that offers a variety of free classes from pregnancy and child birth to yoga. They also offer free weekly circles of support, toddler playgroups and breast feeding circle to mention just a few. THE CLOTH DIAPER PROJECT was created by staff at The Nurturing Nest. For more information about how you can access the services at either the Nurturing Nest or The Cloth Diaper Project go to http://www.nurturingnestreno.com/schedule.html

LUGGAGE FOR LITTLES AND TOTES FOR TEENS

Did you know we have a luggage closet here at Washoe County? If you find yourself in need of luggage for your littles or totes for your teens please, never move a child's things in trash bags. Instead, contact Tawnya Robertson at 785-8659 or trobertson@washoecounty.us

A CHILD'S WORLD

Offers a community support group for parents of children with attachment or trauma issues. Receive one hour of training credit per group attended.

When: 3rd Tuesday of each month from 7-8:30p.m. (excluding December)

Where: 2301 Sparks Blvd. FREE child care

*Please RSVP to Sharon Willans at least 1 day in advance at 322-4650 or Sharonacwoffice@att.net

"Whether you believe you can or believe you can't, you are absolutely right."

- Henry Ford -

INTERESTED IN ADOPTING?

Teddy (3), Michael (10 months) & Bradley (8)

Bradley is a sweet and very smart 8 year old boy. He loves playing with Legos and Pokémon and enjoys explaining all of his favorite characters and toys to anyone who will listen. Bradley has really been able to learn how to express himself and his feelings and has a great sense of pride for his accomplishments. Bradley loves school, learning new things and enjoys playing with his friends.

Theodore (Teddy) is a sweet and rambunctious three year old boy. He likes any toys with wheels and especially enjoys paw patrol toys. Teddy can be sweet and cuddly one minute and on the move and ready to go play the next. He interacts well with his two brothers and has learned how to be gentle with his smaller, younger brother.



Michael has undergone some medical hardships in his young life but with that behind him he has adjusted very well. He is a happy, healthy boy who loves physical affection and 'talking' to those who interact and play with him. He smiles and 'talks' when he sees others, especially those who he has already learned to love.

If you would like more information please contact Cindy Adams at 337-4503 or cadams@washoecounty.us



Lillihana (8/17/15) and Destinie (7/27/14)

These girls love to play dress up. When not playing dress up, you can find them playing with puzzles. They also love to read and to be read to.

They can be very sweet but also get anxious at times. Potential parents for these two need to have lots of energy.

If you would like more information please contact

Cindy Adams at 337-4503 or email at cadams@washoecounty.us

